



**CARELINK™
PERSONAL**
ACTIONABLE
INSIGHTS
FOR BETTER
DIABETES
MANAGEMENT

**CARELINK
REPORTS
GUIDE**

Medtronic
Further, Together

CARELINK™ PERSONAL

ACTIONABLE INSIGHTS FOR BETTER DIABETES MANAGEMENT

As part of your diabetes therapy you have access to a lot of data and information.

The [CareLink™ Personal Software](#) helps you visualise your diabetes information with charts, statistics and events that can help you identify and understand patterns and trends. The reports can highlight the most relevant insight from your Insulin Pump, Continuous Glucose Monitoring (CGM) and Blood Glucose Meter (BG) and pull these together to help guide you in making informed and timely therapy decisions with your diabetes team who can assess and support you to refine your individual treatment plan.

This guide contains all the information to help you select the reports according to your needs and learn how to interpret the data they provide.

UPLOAD



- Upload from any computer

VIEW



- See the same reports as your diabetes care team
- Spot glucose highs and lows
- Identify patterns and trends

COLLABORATE



- Share with your diabetes care team

CARELINK™ PERSONAL

SETTING UP YOUR ACCOUNT

REGISTER AT CARELINK.MINIMED.EU

- 1) Visit the CareLink™ website and select "sign up now".
- 2) Select your country of residence and language.
- 3) Read and accept the terms of use.
- 4) Confirm you are over 18 years old or a legal guardian if providing consent for someone below this age.
- 5) Consent to the collection and use of personal data (including health data).
- 6) Provide optional consents for use of data (including how Medtronic contacts you).
- 7) Complete your details (including your login credentials and personal details).

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1 PREPARATION AND INDIVIDUAL SETTINGS

It is important to check the default settings in the [CareLink® Personal Software](#) and to adjust them to your individual situation and goals so that the evaluations are relevant to you.

Please speak with your diabetes care team about your individual target range. The settings shown in this report guide are only used as an example.

You can always adjust the settings to your individual needs in the [Additional Settings](#) under [Preferences](#).

Medtronic CareLink™ Personal

My Info **Preferences** Help Log-Off

Home Upload Logbook Reports CareLink Connect

Welcome Back, John Brown.

Last successful login: June 8, 2016 at 3:44 PM

Recent Activity - Last Five Uploads

Date	Device	Serial #

What Can I Do Next?

- Upload Data from My Device
- Enter Data into My Logbook
- Generate Reports
- Go to CareLink Connect

Medtronic CareLink™ Personal

My Info Preferences Help Log-Off

Home Upload Logbook Reports CareLink Connect

Preferences

Update

Standard Preferences

BG Units: ?

BG Target Range High: ?

BG Target Range Low: ?

Hypo Threshold: ?

Carb Units: ?

Carb Conversion Factor: ?

Adjustment of target range to the individual goal, in this example, 3.9 - 7.8 mmol/L

Adjustment to unit used

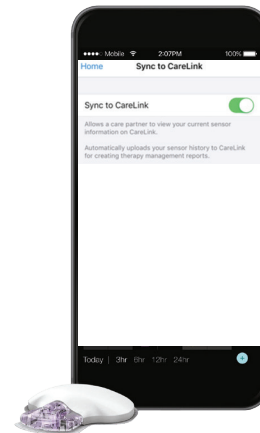
2 UPLOADING THE DATA FROM YOUR DEVICES

- If you are a pump user you can upload the data from MiniMed™ 640G insulin pump with the black CareLink USB or the Contour® Next Link 2.4 meter.
- Previous pump models data can still be uploaded with the white CareLink USB or with the Contour Next Link meter.
- If you are using Guardian™ Connect system, automatic uploads will be performed to CareLink Personal if you have activated the synchronisation to CareLink Personal on your Guardian™ Connect App. (Click on the App Menu then 'Sync to CareLink')

MINIMED 640G & PARADIGM INSULIN PUMPS



GUARDIAN™ CONNECT



AN EFFECTIVE COMMUNICATION TOOL WITH YOUR DIABETES CARE TEAM



You are also encouraged to enable automatic data transmission to your diabetes care team for either a remote consultation and /or in preparation for your next appointment.

Please discuss with your diabetes care team about providing access to CareLink Personal Account. They will access this through software specific to them (CareLink Pro) which will allow them to access your uploads and data trends for discussion at your next appointment.

3 SELECTING THE REPORTS TO REVIEW

Bundles of reports are now available to guide you in selecting valuable reports for your specific needs. The below provides an overview of the reports dashboard.

1

REPORTING PERIOD

You may select a relative reporting period starting from the current day and going back to the desired duration. You may also select Custom and specify a specific start and end date.

2

SUGGESTED REPORT BUNDLES FOR DIFFERENT USE CASES

Report bundles are now available to provide you the most suitable reports for your specific needs.

3

SINGLE REPORTS

In addition to the package of reports advised for your needs, you are also able to select specific single reports

4

ORIGINAL REPORTS

To access the original CareLink Personal reports*, you may click on the hyperlink at the bottom of the Reports Page

* Reports that were previously available in CareLink Personal.

Medtronic CareLink™ Personal

Home Upload Logbook Reports CareLink Connect

Select period: 2 weeks 1 month 3 months Custom 05/27/2016 to 06/09/2016

1. Select reports: Total = 0 report(s) Generate Reports

Bundles

- How can I view my progress and trends?** (more details...)
I would like to know the patterns of my glucose control. I want to see average glucose and total insulin used per day. + Add to list
- How does mealtime affect my glucose levels?** (more details...)
I would like to track my meal bolus, glucose level after I eat, and amount of food I am eating. + Add to list
- What causes my highs and lows throughout the day?** (more details...)
I would like to know the relationship between activities or events and glucose levels on a day by day basis. + Add to list
- What if I only wear the pump and no sensor?** (more details...)
I have a pump without continuous glucose monitoring, but still want to track my glucose levels and insulin usage. + Add to list
- What are my pump settings?** (more details...)
I would like to save my settings before changing them. I would like to keep track of my current settings. + Add to list







Single Reports

- Dashboard & Episode Summary** (more details...)
Visually spot glucose trends & patterns, and quickly check pump & CGM overview. + Add to list
- Adherence** (more details...)
Identify better behaviors by tracking how you use your pump. + Add to list

4 Original CareLink Reports
[here](#) you can find all the original CareLink reports.

GET THE MOST OF CARELINK PERSONAL INSIGHTS

Based on your needs, the following reports will be provided to you.

Bundle	Bundle used when:	Dashboard & Episode summary 	Adherence 	Sensor & Meter overview 	Logbook 	Device settings snapshot 	Daily detail 
How can I view my progress and trends?	I would like to know how I am doing overall I would like to know my glucose trends	✓		✓			
How does mealtime affect my glucose levels?	I would like to know how much insulin to take for food and exercise I would like to know how much food I am eating	✓		✓	✓		
What causes my highs and lows throughout the day?	I would like to know if there are patterns before highs and lows I would like to know how my actions impact highs and lows	✓		✓			
What if I only wear the pump and no sensor?	I only have a pump without continuous glucose monitoring		✓	✓	✓	✓	✓
What are my pump settings?	I would like to save my settings before changing I would like to keep track of my current settings					✓	

More information about each individual reports is provided in the next section of this guide.

Note: The information provided in the reports is based on whether you are uploading data from an insulin pump, blood glucose meter, and/or continuous glucose monitor.

4 REVIEWING CARELINK PERSONAL REPORTS THERAPY MANAGEMENT DASHBOARD

1 One of the first challenges to identify is hypoglycaemic patterns, also known as low glucose patterns. In this example, a low glucose is identified as a value less than 3.9mmol/L.

These shaded red areas represent the moments when you have been in this glucose range.

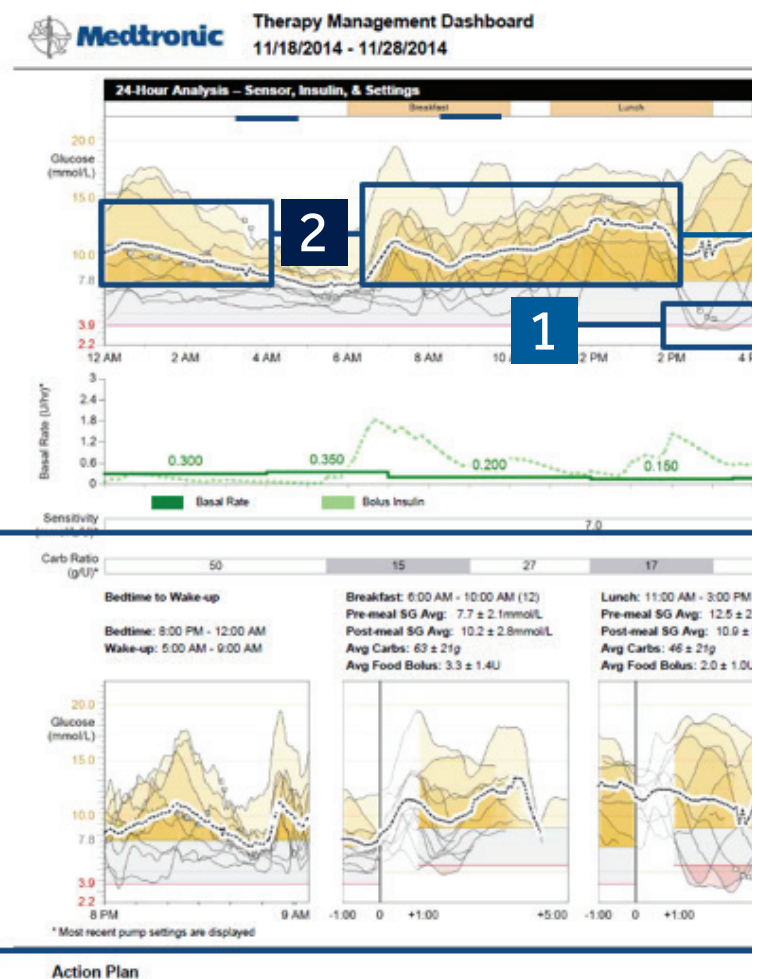
The darker the area, the more often you have spent time below 3.9mmol/L. Repeated occurrence of hypoglycaemia might highlight a pattern to be discussed with your diabetes care team.

2 The next pattern to identify is hyperglycaemic patterns, according to your individual settings (above 7.8mmol/L in this example). Notice in this report how some areas are darker than others. The darker the area, the more often you have experienced time in hyperglycaemia (> 7.8mmol/L) at that time of the day.

Take a look at your report: do you notice any patterns that stand out to you? If you're unsure, use the dotted black line as a place to focus your attention. This dotted black CGM line is your average of all your sensor glucose readings.

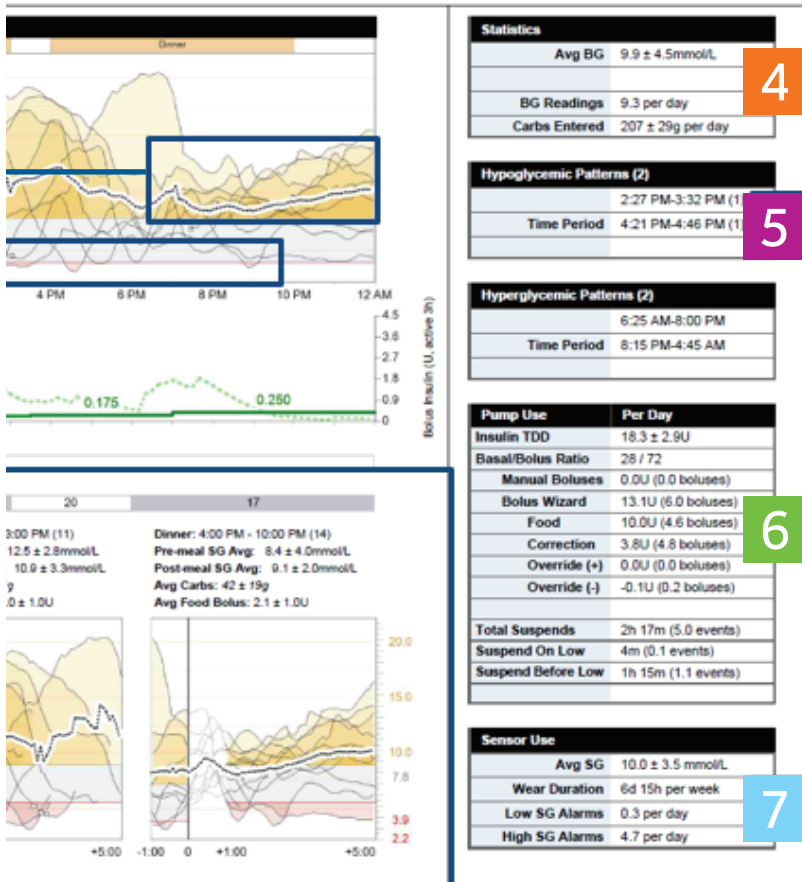
3 Use these overnight and meal 'buckets' to see patterns surrounding bedtime, wake up, and meal times. The information above each graph contains average SG values before (pre-meal) and after (post-meal) a bolus. You will also be able to see on average how many carbohydrates are eaten per meal.

Remember, not all hyperglycaemic excursions are 'bad' especially after eating, however your glucose values should return to pre-meal range within 3-4 hours after a meal¹



1. Freckmann G, et al. J Diabetes Sci Technol. 2007;1(5):695-703

This report is intended to provide a comprehensive summary to help you determine the level and quality of glucose control you have achieved during the selected period. It provides detailed information of glycaemic patterns throughout the day and data related to meals and basal/bolus insulin delivery. At least 5 days of CGM data in the selected period are needed to generate the report.



4

Use these Statistics to quickly glance at your progress. Did your average BG improve from the last time you looked at your CareLink report?

4

How many BG readings are you performing per day? How many carbs should you eat?

5

Everyone is different, so check with your diabetes care team for the appropriate recommendations.

5

Use this table for Hypoglycaemic and Hyperglycaemic Patterns to confirm the times that sensor glucose consistently goes above or below your target for an extended period of time.

6

6

This table shows you the distribution of your insulin usage. First, take a look at your Insulin Total Daily Dose (TDD). How much insulin do you use on average per day? This is helpful to calculate how many vials of insulin you need every month.

7

Second, take a look at your Basal/Bolus Ratio. Please discuss with your healthcare provider on possible needs to adjust some of your settings.

Third, review your Manual Boluses and Bolus Wizard® usage. Using the Bolus Wizard is the recommended method of taking insulin for meals and correction. If you currently rely on manual boluses to take insulin, speak to your diabetes care team about how to use the Bolus Wizard feature.

7

Take a look at your Sensor Use. Does your average SG appear to be in the range of your glucose control goals? In addition to that, the Standard Deviation of average sensor glucose (SG±SD) will indicate the variability of your glucose values. The larger the Standard Deviation, the larger the variability.

Do you see more SG alarms than you can manage? Please discuss with your diabetes care team when your average SG is higher than your glucose control goals or if your sensor settings need to be changed.

4 REVIEWING CARELINK PERSONAL REPORTS ADHERENCE REPORT

1

Take a look at your blood glucose readings every day. Best practice is to check your blood glucose before each meal and before bedtime. That's about 4 BG readings per day.

How often are you checking your glucose each day?

2

If you are wearing a Continuous Glucose Monitor (CGM), knowing your sensor duration is beneficial in managing tight glucose control.

It has been proven that higher usage is linked to better outcomes².

3

Take a look at your Manual Boluses (giving a set amount of insulin) vs Bolus Wizard Events.

It is recommended you use the Bolus Wizard when taking insulin for food and correcting high blood glucose readings³.

When using insulin pump therapy with the MiniMed™ 640G system, the Bolus Wizard feature will track the amount of insulin, which is still 'active' in your body.



Adherence (1 of 1)
11/18/2014 - 11/28/2014

	Glucose Measurements		Bolus Events				
	BG Readings	Sensor Duration (h:mm)	Manual Boluses	Bolus Wizard Events	With Food	With Correction	Override
Tuesday 11/18/2014	9	10:20		7	4	7	2
Wednesday 11/19/2014	12	24:00		10	5	10	
Thursday 11/20/2014	8	24:00		5	5	3	
Friday 11/21/2014	8	24:00		5	5	2	
Saturday 11/22/2014	9	24:00		5	5	5	
Sunday 11/23/2014	10	21:30		7	5	4	
Monday 11/24/2014	7	17:35		5	5	4	
Tuesday 11/25/2014	8	24:00		7	4	7	1
Wednesday 11/26/2014	10	24:00		6	4	4	1
Thursday 11/27/2014	12	24:00		4	3	4	
Friday 11/28/2014	3	12:00		2	2	1	
Summary	9.3/day	9d 13h 25m	0.0/day	6.0/day	74.6%	81.0%	6.3%

Partial day Suspend Suspend On Low Suspend Before Low Note: Partial days will not be

2. Bergenstal et al., N Engl J Med. 2010 22;363(4):311-20
3. Ramotowska et al., Diabetes Metab Res Rev. 2014;30(2):146-53

The Adherence Report presents data from your insulin pump, blood glucose meter, and glucose sensor (if used). It can provide insight into your therapy management behavior according to the indices of glucose measurements, bolus events and insulin pump activities.

Fill Events						
Overridden	Rewind	Cannula Fills	Cannula Amount (U)	Tubing Fills	Tubing Amount (U)	Suspend Duration (h:mm)
2	3	4	2	2	12.5645	0:22
		3	1.5			1:34
	1	4	2	1	10.1199	2:24
		3	1.5			2:39
		2	1			2:59
5	1	1	0.5	1	7.7859	2:25
1	1	2	1	1	8.4963	0:04
1	1	2	1	1	5.0461	2:31
		3	1.5			6:01
						0:35
6.3%	7	24	0.5U /fill	6	7.3U/fill	21h 34m

4

If you notice your pump suspended for several hours and you have a suspend symbol (Suspend On Low or Suspend Before Low), then this indicates that there was a time when your SG levels were low and your pump had to suspend your insulin delivery.

If there is significant duration of suspend events, be sure to discuss it with your diabetes care team.

5

Note how many times you Rewind your pump and how often. Remember you should be changing your reservoir and infusion set every 2-3 days^{4,5} for optimal clinical outcomes, so you should see a Rewind event occur every 2-3 days.

4. Schmid et al. J Diabetes Sci Technol 2010;4(4):976-82
 5. Thethi, TK. et al. J Diabetes Complication. 2010;24(2):73-78

not be included in summary averages. Days on which a time change occurred are considered to be partial days.

4 REVIEWING CARELINK PERSONAL REPORTS SENSOR AND METER OVERVIEW (1 OF 3)

1

First, look at your overnight period. This is the timeframe from when you go to sleep to the time you wake up.

One of the first problems to identify is low glucose patterns or hypoglycaemic patterns. Can you identify some period where you are frequently going below your target glucose range?

The shaded red areas represent the moments when you have been in low glucose range according to your glucose targets.

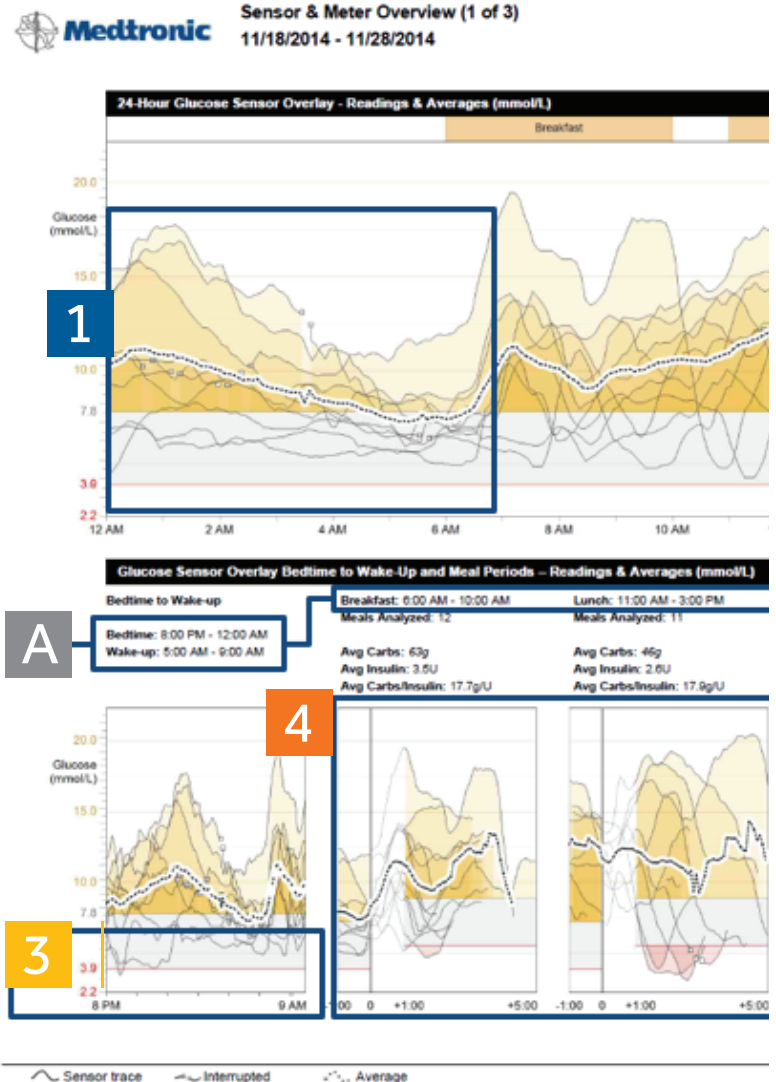
2

Then look at your bedtime hours and determine if your overnight pattern appears to have more highs, represented by the yellow peaks which get darker.

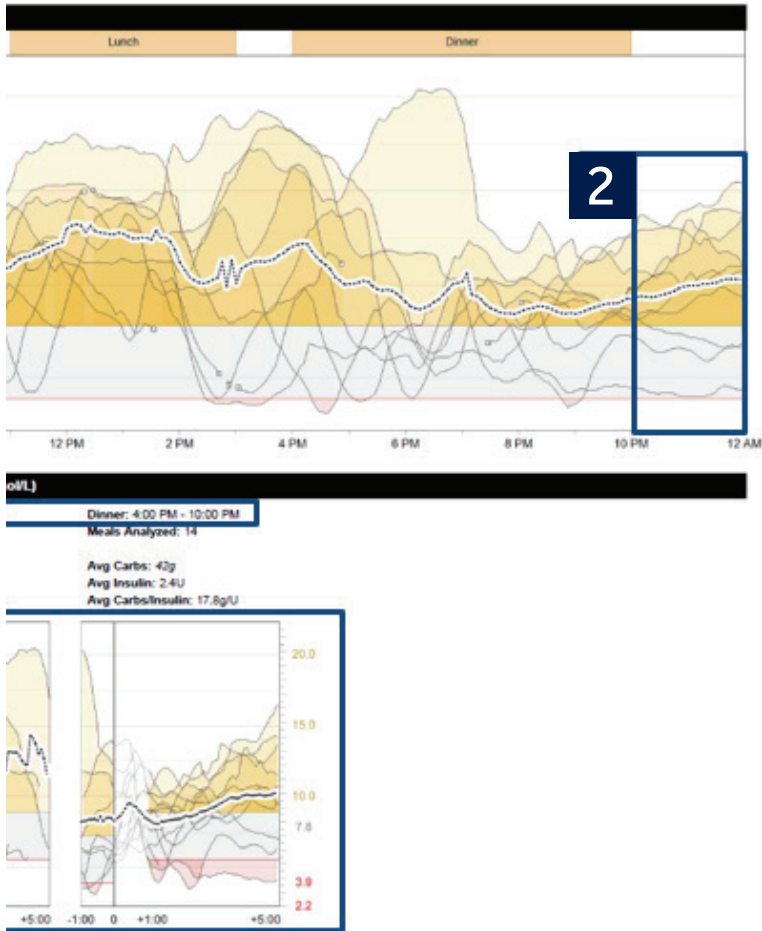
If you identify hyperglycaemic patterns during bedtime hours, you can try to determine some possible causes:

- Did you go to sleep high or have a bedtime snack?
- Was dinner a larger meal than usual and perhaps a correction bolus was needed to correct a high BG afterwards?

These are all great discussion points to ask your diabetes care team. You are able to fine tune your settings and recognise behaviors that will get you closer to your goals.



The Sensor and Meter Overview Report presents data from your insulin pump, glucose meter, and glucose sensor. Report 1 of 3 focuses on sensor data, highlighting areas of interest for further investigation.



3 Use this information to see whether you have lows or highs during the night.

4 Use these meal buckets to see patterns surrounding meal times. See on average, how many carbohydrates are eaten per meal, amount of insulin taken and carbs/insulin ratio.

Remember, not all hyperglycaemic excursions are bad, especially after eating, however your glucose values should return to pre-meal range within 3-4 hours after a meal.

A Note: You can adjust these times to be accurate to your meal and sleep schedule by going to preferences in the CareLink website.

4 REVIEWING CARELINK PERSONAL REPORTS SENSOR AND METER OVERVIEW (2 OF 3)

1

Look at the overnight period (bedtime to wake-up). Every line represents a day in the reporting period and a faded dot represents the time a BG was recorded.

Do you see a pattern of more than 3 occasions when your BG was below or above set limits. Consider talking to your diabetes care team about adjusting your overnight basal. You can also determine your Average BG by looking at the placement of the diamonds and if they fall outside the pre-set glucose target range (diamonds with dots).

2

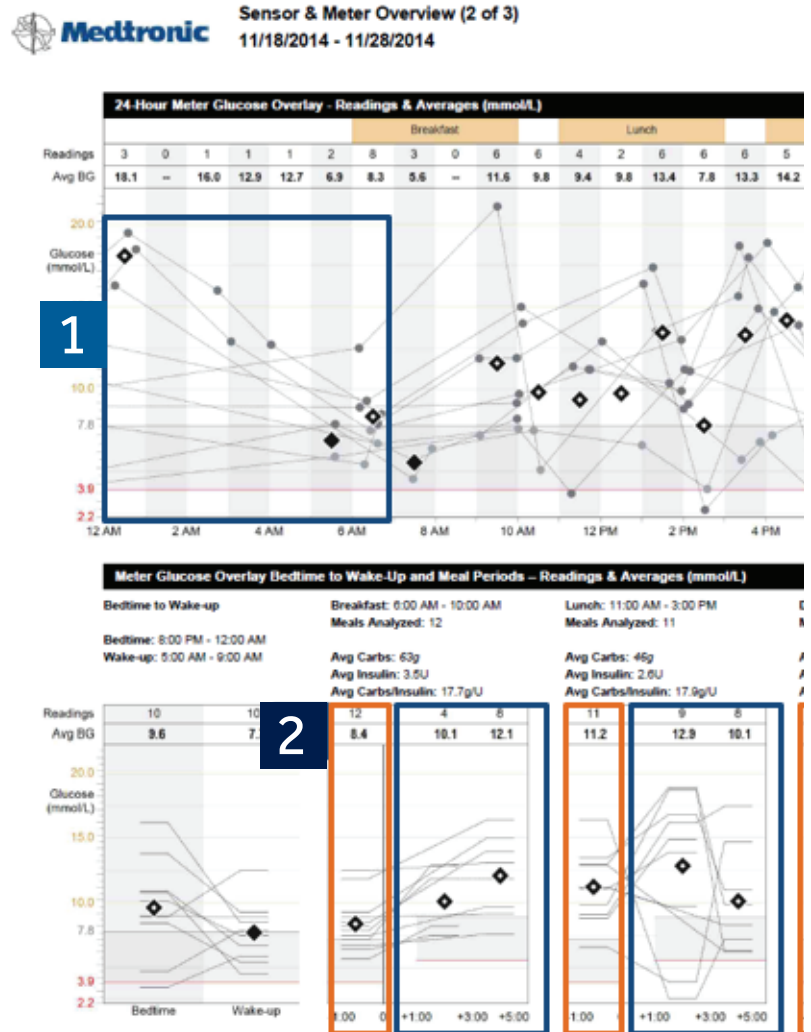
Look at the period before meals. These meal buckets provide an average BG one hour before the meal. Do you see an average of lows or highs before the meal? Consider talking to your diabetes care team about it, as it might be linked to several reasons.

In this example, lunch and dinner times appear to have an average BG before meal above target range and could possibly require an adjustment.

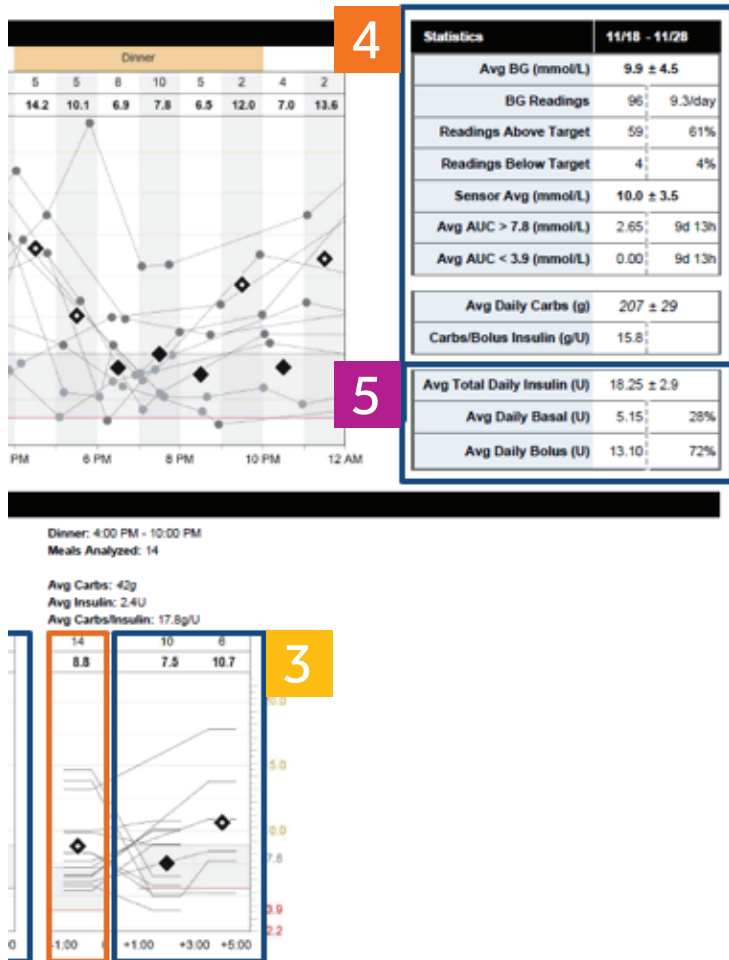
3

Look at the period after meals and determine if you see a pattern of severe lows after eating, or a consistency of high BGs.

Perhaps an adjustment in your Insulin Carb Ratio or insulin sensitivity can help improve your post meal BG. Use this report to start a discussion with your diabetes care team.



The Sensor and Meter Overview Report presents data from your insulin pump, glucose meter, and glucose sensor. This report focuses on meter data and can be used if you use a pump without CGM, to have an overview of your glycaemic control.



4 Use these Statistics to quickly glance at your progress. Did your average BG improve from the last time you looked at your CareLink report?

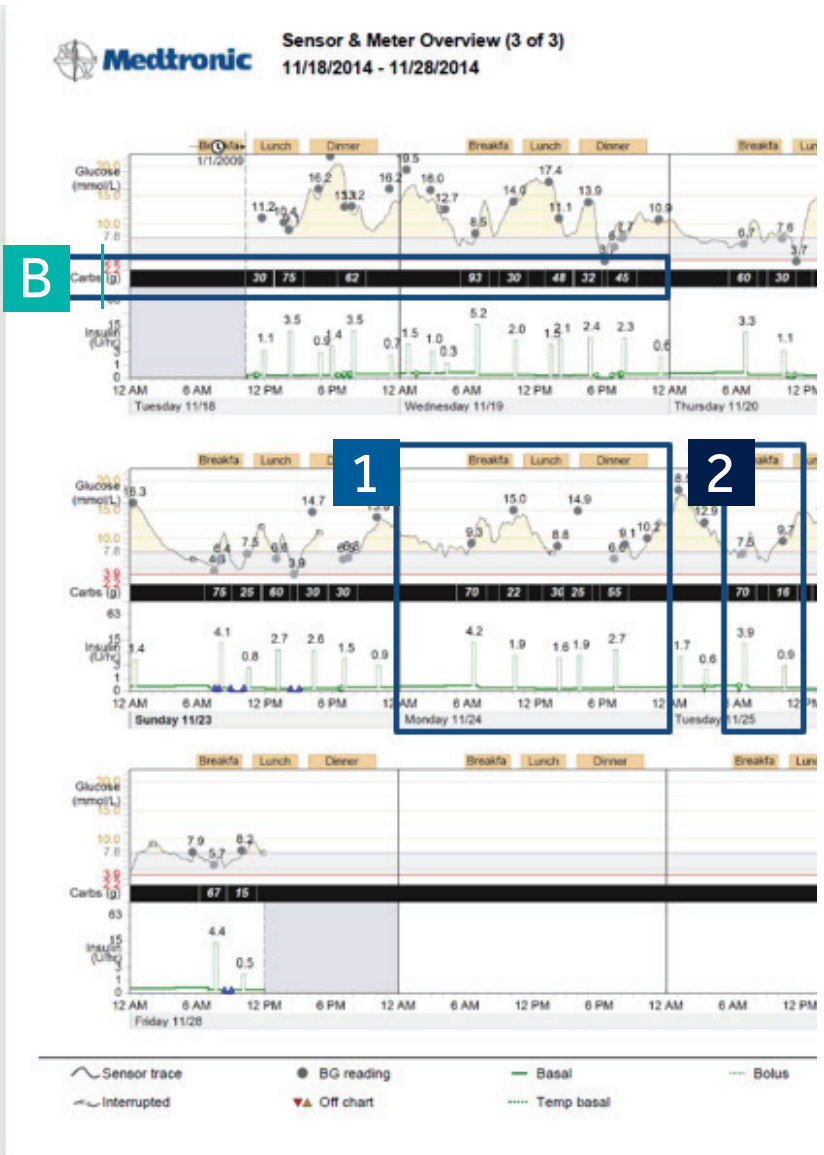
The statistics will also give you information about your carb intake.

5 This table shows you the distribution of your insulin usage in Total Daily Dose (TDD).

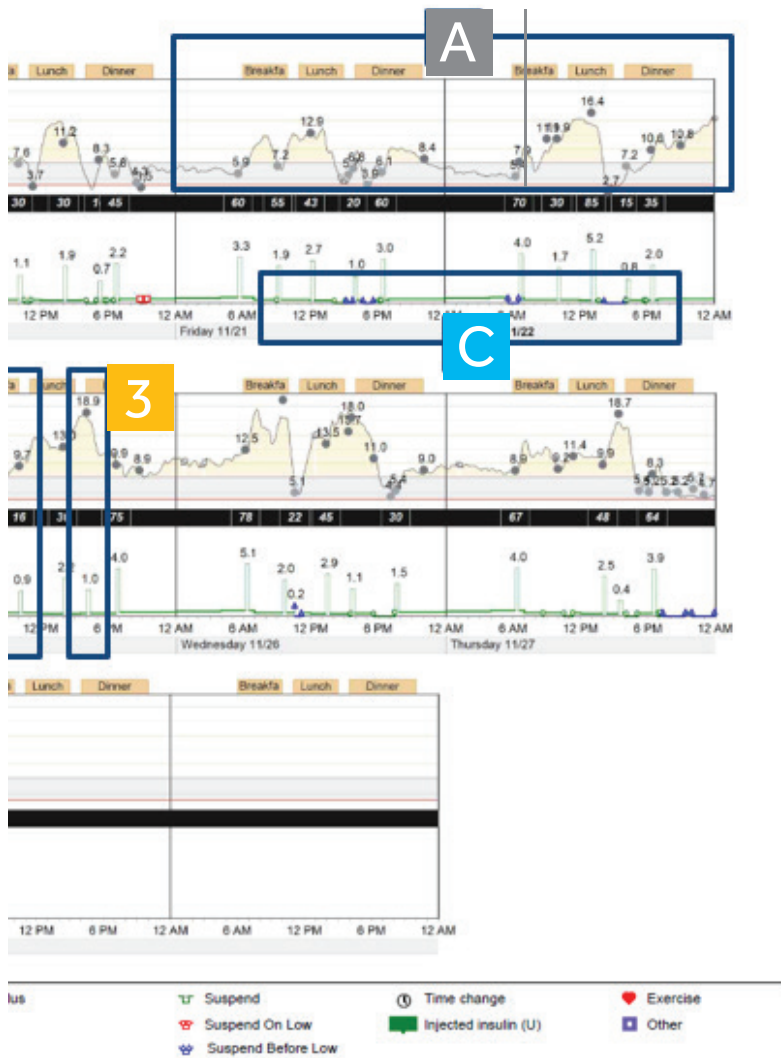
Take a look at your Basal/Bolus Ratio. Please discuss with your diabetes care team on possible needs to adjust some of your settings.

4 REVIEWING CARELINK PERSONAL REPORTS SENSOR AND METER OVERVIEW (3 OF 3)

- 1 Review consistency of SG readings and on trends in this report. Are they always high, or are they frequently low? This report can also help you to identify day(s) when a specific event might have happened (exercise, travel, illness).
- 2 Take a look at the times a bolus was given. Does it have a meal or snack and BG paired with the bolus each time?
- 3 This is called a correction bolus, when there are no carbs entered with a BG event. Insulin was given for a high BG and you can see the effect of that bolus by looking at the next BG.



This report summarises meter glucose, sensor glucose, carbohydrate, and insulin information. It provides an overview of your glycaemic control (daily, overnight, and at meal times). From a day to day comparison, this report displays changes in your blood glucose fluctuations and allows you to identify patterns.



A

Note:

Solid dots = BG readings
Solid line = sensor or SG readings.

This SG reading line shows your glucose levels between BG readings.

B

Note: Carbohydrate entries that indicate a meal or a snack eaten are in black.

C

Note: These blue buckets indicated a Suspend Before Low (SmartGuard) event.

The wideness of the blue bucket indicates the length of the suspend event. No suspend event will be longer than 2 hours.

4 REVIEWING CARELINK PERSONAL REPORTS LOGBOOK REPORT

1 Each row is a different day of this reporting period.

Refer to your Daily Totals to see Average Glucose compared to other days

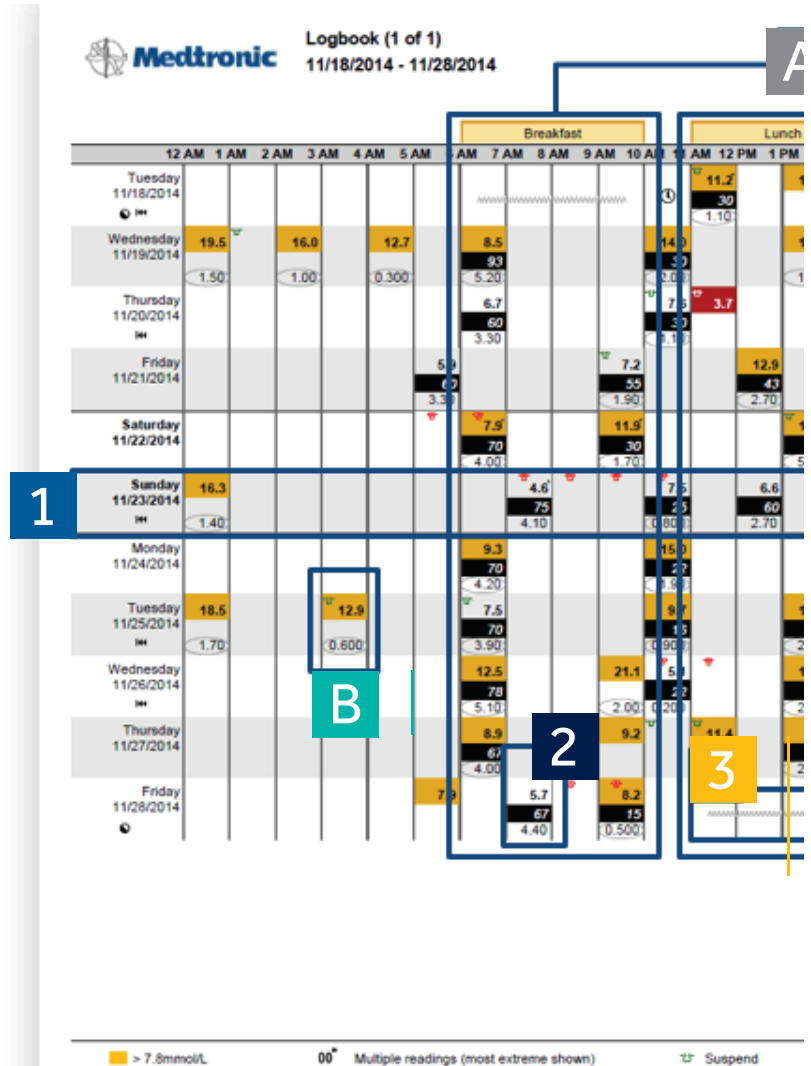
2 Each bolus event can contain up to 3 numbers. All 3 numbers do not have to be present to be recorded. Any number can be displayed by itself or all at the same time.

- The top number is your BG reading. In this example, the BG is 5.7 mmol/L.
- The middle number in the black bar is your carb entry. In this example, 67 grams of carbs were consumed at this time.
- The bottom number is the insulin dose given. In this example, 4.40 units were given for this bolus event.

Do you see a trend in BG values above target (yellow) or below target (red)?

3 Did you forget to enter a meal or perhaps you were fasting on a particular day?

These squiggles indicate a skipped meal.



The Logbook Report presents two weeks of data from your insulin pump and blood glucose meter in a tabular format.

A

Lunch			Dinner								Daily Totals
1 PM	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM	
10.4	9.1		16.2	21.8		13.2				16.2	Average (9): 13.6mmol/L Carbs: 167g Insulin: 13.7U Bolus: 81%
	75					62					
	3.50		0.900	1.40		3.50				0.700	
17.4	11.1		13.9		3.7	7.7				10.9	Average (12): 11.8mmol/L Carbs: 248g Insulin: 24.2U Bolus: 78%
	48		32			45					
	2.10		2.40			2.30				0.600	
	11.2		8.3	5.8			3.5				Average (8): 6.4mmol/L Carbs: 175g Insulin: 14.4U Bolus: 64%
	30		10	45							
	1.90		0.700	2.20							
2.9			6.8		3.9	6.1				8.4	Average (8): 7.1mmol/L Carbs: 238g Insulin: 17.1U Bolus: 69%
43			0		60						
			15.3		3.00						
	16.4	2.7	7.2	10.0		10.8					Average (9): 9.4mmol/L Carbs: 235g Insulin: 18.7U Bolus: 73%
	85		15	35							
	5.20		0.800	2.00							
6.6		3.9	14.7	6.5	6.8				13.8		Average (10): 8.7mmol/L Carbs: 220g Insulin: 19.2U Bolus: 73%
60			30	30							
			2.60	1.50					0.900		
	8.8	16.9			9.1				10.2		Average (7): 10.6mmol/L Carbs: 202g Insulin: 17.9U Bolus: 69%
	30	5			55						
	1.60	1.0			2.70						
13.0			18.9	9.9		8.9					Average (8): 12.4mmol/L Carbs: 191g Insulin: 19.9U Bolus: 72%
	30			75							
	2.20		1.00	4.00							
	13.5	16.0		11.0	4.4				9.0		Average (10): 11.6mmol/L Carbs: 175g Insulin: 18.0U Bolus: 71%
	45			30							
	2.90			1.50							
	9.9	16.7		5.4	8.3	5.2			4.7		Average (12): 8.1mmol/L Carbs: 179g Insulin: 15.0U Bolus: 72%
	48			64							
	2.50	4.0		3.90							

B

A Note: These meal labels are used to indicate the times when a certain meal is eaten. Use these meal buckets to organise the approximate time you eat each meal.

You can set these times in the preferences section of the CareLink website.

B Note: This is a bolus with no carbs entered and a correction bolus was given.

Exercise Partial day Time change

4 REVIEWING CARELINK PERSONAL REPORTS DEVICE SETTING SNAPSHOT

1 Take a look at your Standard pattern on your device settings report.

These basal rates are your Basal Settings. The Basal 1 pattern is your regular basal pattern. You may have a single set or several basal rates set.

The (active) indicates what basal pattern is currently active at the time of your upload.

2 These are the 4 settings that make up your Bolus Wizard Settings:

- Carbohydrate Ratio
- Insulin Sensitivity
- Blood Glucose (BG) Target
- Active Insulin Time

Review your settings with your physician in accordance with your findings in your report. You may only have one number for Insulin Carb Ratio and Insulin Sensitivity or you may need several.

This report page will record all changes to your pump settings. It is recommended to record these and hold onto your Bolus Wizard settings.

Medtronic **Device Settings Snapshot**
Friday 11/28/2014 12:01 PM

Basal			
Maximum Basal Rate 0.500 U/Hr			
Basal 1 (active)		Day Off	Workday
24-Hour Total	5.638 U	24-Hour Total	5.038 U
24-Hour Total	--	24-Hour Total	--
Time	U/Hr	Time	U/Hr
0:00	0.300	0:00	0.275
4:00	0.350	4:00	0.325
7:00	0.200	7:00	0.175
12:00	0.150	12:00	0.125
15:30	0.175	15:30	0.150
19:00	0.250	19:00	0.225

Bolus			
Bolus Wizard	On	Units	g, mmol/L
Active Insulin Time (h:mm)	3:00	Maximum Bolus	7.0 U
Carbohydrate Ratio (g/U)		Insulin Sensit (mmol/L per U)	
Time	Ratio	Time	Sensit
0:00	50.0	0:00	0.00
5:30	15.0		
9:00	27.0		
12:00	17.0		
15:00	20.0		
18:00	17.0		

Preset Bolus			
Name	Normal		
Bolus 1			
Breakfast			
Dinner			
Lunch			
Snack			
Bolus 2			
Bolus 3			
Bolus 4			

Preset Temp			
Name	Rate	Duration	N
High Activity			Tem
Moderate Activity			Tem
Low Activity			Tem
Sick			Tem

 More information about device settings can be found in the second device settings page

The Device Settings Snapshot report presents the customised settings of your diabetes management devices on the date and time when your device was uploaded.

Easy Bolus		Off	
Bolus Increment		0.1 U	
Bolus Speed		Standard	
Dual/Square		Off/Off	

Sensitivity per U)		Blood Glucose Target (mmol/L)	
Sensitivity	Time	Low	High
7.0	0:00	4.0	6.5

Sensor	
Sensor	On

High Alerts					On (Snooze 1:00)
Start Time	High (mmol/L)	Alert On High	Alert Before High	Rise Alert Limit (mmol/L)	
0:00	13.8	x			

Low Alerts						On (Snooze 0:20)
Start Time	Low (mmol/L)	Suspend	Alert On Low	Alert Before Low	Resume Basal Alert	
0:00	3.6	Before Low	x			

Auto Calibration		Off
Calibration Reminder		On
Calibration Reminder Time		1:00

Notes

Name	Rate	Duration
Temp 1		
Temp 2		
Temp 3		
Temp 4		

3 Up to 8 basal patterns can be created. Day off and Workday are pre-named basal patterns you can program in the pump.

Those who have different basal needs for different days will use these different basal patterns and shift between them as needed.

Ask your diabetes care team if your weekly schedule requires different basal pattern to be set-up.

4 This section contains your Sensor Settings.

Speak to your Physician for adjustment of your sensors alarms to ensure optimum use of the sensor-augmented pump features according to your daily routine.

4 REVIEWING CARELINK PERSONAL REPORTS DAILY DETAIL REPORT

1

This table will list all Bolus Events up to ten.

Statistics for each bolus event is listed under the designated number.

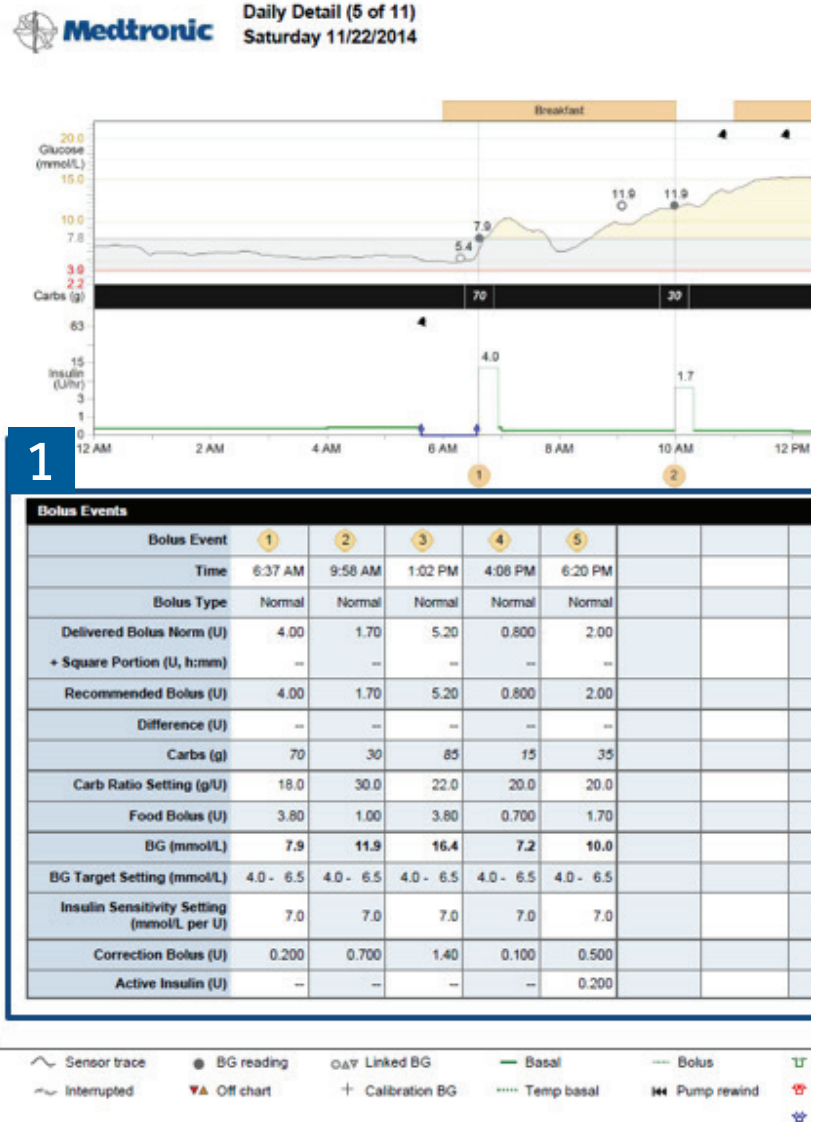
You can historically view a bolus amount given by the pump and see how the bolus was calculated.

2

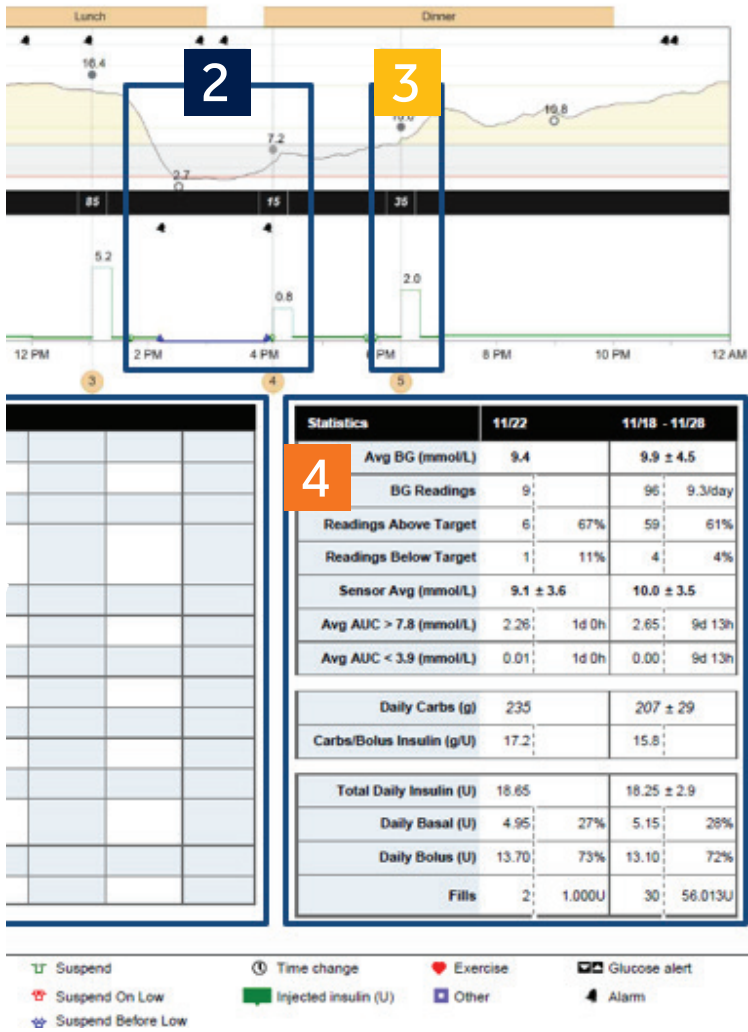
You can view a suspend event. A blue suspend was a Suspend Below Low event that occurred from a sensor glucose (SG) predicted to reach a pre-set low limit. The bells above the suspend indicate the beginning and end of that suspend event.

Take a look at your own CareLink report. Do you notice plenty of suspend events throughout the day and are they reoccurring everyday?

Speak to your diabetes care team about the potential need to adjust your settings.



The Daily Detail Report presents data from your insulin pump, blood glucose meter, and glucose sensor (if used). This report focuses on one specific day. You can take a closer look at the events that occurred for that day and review pump use and activities such as Bolus Events.



3

This bolus activity is numbered and referenced in the table labelled Bolus Events.

You are able to view your BG reading from your meter, paired with your sensor tracing. If a bolus was given, you are able to see the bolus amount in green, paired with the carbohydrate entry in black.

During the day, you may use a temporary basal, which is shown by the dotted green line. A temporary basal is used if you need more or less basal insulin than what is already set in your pump for a temporary period of time (e.g. before and during physical activity or illness).

4

Here are your daily statistics similar to the Therapy Management Dashboard or Sensor & Meter Overview reports.

Compare your average BG with the average of the reporting period. Was this day out of the ordinary or within average of your glucose control?

Did you check your BG about 4 times a day as recommended? Were your readings mostly above your target range or below?

Take a look at your insulin distribution and carbohydrates eaten. Compare it to your reporting period average.

5 CARELINK REPORTS GUIDE SUMMARY AND KEY TAKEAWAY



TIP: First try to address the glucose values below your defined target range (hypoglycaemia), followed by values above your target range (hyperglycaemia)

1

DISCUSS your individual glucose target range with your diabetes care team and enter them in the preference section of CareLink Personal.

2

IDENTIFY the topic you want to analyse and select the corresponding bundle or single report.

3

When looking at a report, try to **IDENTIFY THE PATTERNS AND TRENDS** and think about the action (meals, activity) that can be related to each of the patterns identified.

4

ADDRESS any findings with your diabetes care team and discuss any potential adjustment to your treatment.

WHEN QUESTIONS
COME UP
WE WON'T LET
YOU DOWN
ALWAYS
BY YOUR SIDE



For more information on Medtronic please visit the following websites:

United Kingdom: [medtronic-diabetes.co.uk](https://www.medtronic-diabetes.co.uk)
Republic of Ireland: [medtronic-diabetes.ie](https://www.medtronic-diabetes.ie)

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